

B&GCA Teen Center

Tips for making good grades!



With the new school year just underway, now is the time to improve your study habits and make those good grades. Your teen center is the perfect place for you to get your homework done. The center will provide you with a comfortable place for you to relax and get your work done after a long day at school. Be sure to watch for the upcoming National Art, Photography and Essay contests this year and be sure to check out all of the cool events happening in September and October. Listed below are Six Steps to Smarter Studying. Try incorporating each of these to become a better student. Following these useful steps can help you reduce a great deal of stress and difficulty throughout the school year.

1. Pay attention in class.

Paying attention during class is the key to good learning and studying. If you are sitting by someone distracting or have trouble seeing the board, be sure and move to a place that allows you to concentrate better.

2. Take good notes.

Taking notes will help you to remember what was discussed in class. It is also important to keep all of your notes, quizzes, and papers organized by subject.

3. Plan ahead for tests and projects.

Don't procrastinate! Waiting until the night before to begin studying for a test is a bad idea. Have a calendar handy to keep track of important dates. This will help you to stay organized and better prepared.

4. Break it down. (If you have a bunch of stuff to learn, break it into smaller chunks.)

When you have a lot to study, it helps to break down the information into chunks. This will also relieve some of the stress of trying to remember everything at once.

5. Ask for help if you get stuck.

Don't be afraid to ask for help if you are unsure about a subject. Remember, there are no stupid questions. It's better to avoid confusion by simply asking for help!

6. Get a good night's sleep!

Rest is very important to one's well being. A proper night's sleep will help to ensure you are performing at your best.

BOYS & GIRLS CLUB



All events must have a minimum of 10 sign-ups or activity will be cancelled.

CHELSEA PREMIUM OUTLETS SHOPPING TRIP

Saturday, September 2
8 a.m. - 7 p.m. • \$10
Registration deadline:
Wednesday, August 30

It's that time of year again! Back to school shopping! Don't miss the chance to get some really good deals on some awesome gear to start off the school year.

BACK TO SCHOOL MOVIE AND PIZZA NIGHT

Friday, September 8
5 - 8 p.m. • \$3
Registration deadline:
Tuesday, September 5

The first week of school is over! Unwind with your friends, eat pizza, and watch some good movies.

POOL TOURNAMENT

Saturday, September 23
4 - 7 p.m. • \$2
Registration deadline:
Tuesday, September 19

Test your skills against your friends at this one-of-a-kind pool tournament.

BIRTHDAY BASH

Saturday, September 30
& Saturday, October 28
5 - 7 p.m. • Free

Celebrate your birthdays with your friends on every last Saturday of the month at your teen centers.

MONDAY NIGHT MADNESS PIZZA PARTY

Monday, October 2
5 - 7 p.m. • \$3
Registration deadline:
Thursday, September 28

With over a month of the school year complete, why not celebrate with a pizza party? Join us at the teen center. Chill with your friends, eat some pizza, and watch a movie.

FREAKY FRIDAY POOL TOURNAMENT

Friday, October 13
5 - 8 p.m. • \$3
Registration deadline:
Tuesday, October 10

It's Friday the 13th, so why not try something different? Enjoy the glow-in-the-dark pool tournament. Come to your teen center and test your skills against your friends.

BIGAIR FUKUOKA INDOOR SNOWBOARDING

Saturday, October 14
8 a.m. - 5 p.m.
Transportation fee: \$4

Entrance fee: ¥4,515 (Includes board, boots, & 90 minutes of snowboarding.)

Registration deadline:
Wednesday, October 11

Whether you're a novice or an expert, BigAir is the place to be for snowboarding. Sign up for the trip so you can learn or practice in time for winter.

ACTION MOVIE NIGHT

Friday, October 20
5 - 8 p.m. • \$3
Registration deadline:
Wednesday, October 18

Like action movies? So do we! Stop by your teen center to watch your favorite action movies with your friends and eat some popcorn.